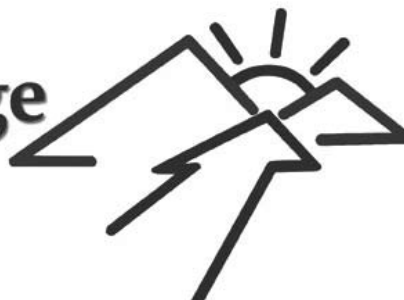


Northeast Passage

Explore the possibilities ...



Dear Internship Coordinator and Prospective Interns:

I am writing to provide you with information about **Therapeutic Recreation Internship** opportunities with **Northeast Passage**, a program of the University of New Hampshire located in Durham, NH. This packet includes Northeast Passage's "Internship at a Glance" information sheet, internship goals, guidelines, and application materials.

Northeast Passage is committed to providing an internship experience, which applies all aspects of the therapeutic recreation process to community-based consumers with physical disabilities. All Northeast Passage Interns will be supervised by a Certified Therapeutic Recreation Specialist (CTRS).

Interns will be involved in assessing participant needs, planning individualized programs and activities, working directly with participants in program implementation, and documenting progress for participant evaluation. Interns will also be involved in program promotion and marketing, planning and conducting special events, fundraising, outreach and advocacy, direct services to individuals with disabilities in a variety of outdoor and recreational settings, and school programs.

Interested students should send application requirements to:

Northeast Passage/RMP
Internship Program, Attn: David Lee, M.S.,CTRS
Hewitt Hall
4 Library Way
Durham, NH 03824

If you have any questions, please contact me at (603) 862-0070 or via email at Northeast.Passage@unh.edu

Sincerely,

David Lee, M.S., CTRS
Northeast Passage Internship Coordinator

Northeast Passage
A Program of the University of New Hampshire
Therapeutic Recreation Internship at a Glance

History of Northeast Passage

Northeast Passage, a non-profit program of the University of New Hampshire, was established in 1990 in order to provide recreational programs and services for individuals with physical disabilities.

Northeast Passage is a consumer directed organization serving people with disabilities living in New Hampshire and the surrounding New England Region. We are guided by a committed group of CTRS staff and volunteers consisting of people with physical disabilities, their family, friends, and advocates.

Through the 1990's, Northeast Passage became known as a leader in the field of community-based therapeutic recreation. Innovative programs and services led to national recognition in 1997 for Program of the Year from both the American Therapeutic Recreation Association (ATRA) and the National Therapeutic Recreation Society (NTRS). Recent awards given to Northeast Passage include the 2001 James Award for outstanding therapeutic recreation program and 2001 Program of Excellence in TR from the New England Therapeutic Recreation Association.

Northeast Passage is the premiere organization in New Hampshire for providing resources on adaptive recreation, access to adapted recreation equipment, identification and delivery of quality instruction in a wide range of recreation activities, technical assistance on universal design in recreation environments, and networking with consumers and service providers for individuals with disabilities.

Northeast Passage continues to break new ground. Recreational opportunities have been expanded through consultation networks and inclusive programming. In 2001, Northeast Passage served over 5,000 consumers through direct service and information referral. Also in 2001 Northeast Passage created the TREK program providing therapeutic recreation to youth with disabilities in local schools.

For more information and the latest Northeast Passage endeavors check us out online at <http://www.nepassage.org>.

Mission Statement

Northeast Passage's mission is to create an environment where individuals with physical disabilities can participate in life, community and recreation with as much freedom of choice and independence as their able-bodied peers. Using recreation as a tool, this is accomplished through education, problem solving and the creation of opportunities.

Vision Statement

Our vision is to continuously provide the community with an outstanding array of services that allow persons with physical disabilities of all age groups to experience enjoyable recreation programs and services. Our goal is to maximize independence and quality of life for individuals with physical disabilities, their family and friends. We aspire to the delivery of quality recreation programs which focus on consumer self-determination and independence.

Northeast Passage Programs

I. Sports and Recreation:

- Instruction, equipment and a chance to gain skills in many different activities.
- Designed to give all the information and skills needed to make an informed decision about continued involvement and opportunities to continue activities.
- Includes instruction for family and friends as well as the participant with a disability.
- 10 different modules offered throughout the year and one Explore clinic based on consumer requests.

Examples: Paddling, handcycling, sled hockey, SCUBA, waterskiing, golf, cross country skiing, hiking, court sports, etc.

II. Equipment Rental:

- Our equipment rental program makes it affordable to “try before you buy”, gain skills, and be involved in more than one sport.

Equipment Rental Examples: Handcycles, water-skis, downhill snow skis, cross-country skis, sports chairs, ice sleds, access equipment, etc.

III. Consulting and Information Services:

- We provide consultation to recreation programs, agencies and facilities interested in improving their accessibility (physical, programmatic, & attitudinal access).
- Private/1:1 instruction, group inservices, seminars, workshops, corporate training.
- We simply make information available. Our computerized database of resources includes information on adapted equipment, programs, instruction, and more.
- Our quarterly newsletter “Passages” provides updates on events and happenings as well as information from other programs around New England.

IV. TREK Program (Therapeutic Recreation Empowering Kids):

- A newly developed program where we work with students who have physical disabilities and their able bodied classmates on team building and awareness.
- We work with classes to make extracurricular activities inclusive to all students.
- Work one to one with students to problem solve, build skills, and promote positive self-concept.

V. Health Promotion:

- Promoting Access, Transition and Health (PATH) is a program designed to decrease the incidence of secondary conditions for individuals with newly acquired spinal cord injuries, and other physical disabilities including multiple sclerosis, muscular dystrophy, amputation, cerebral vascular accident (stroke), cerebral palsy, brain injury, spina bifida, etc...
- We work with participants in their home community on a 1:1 basis, helping to develop healthy living habits, functional skills, recreation skills with friends and family, and community resource networks.

Goals for the Internship Experience

Our goals are:

- To provide the student with the opportunity to apply the therapeutic recreation process in a community based setting.
- To provide the opportunity for the student to assess own knowledge, skills and abilities within the therapeutic recreation field (or related field).
- To provide the opportunity to apply academic theories in a community-based setting.
- To provide the opportunity to interact with and work with a wide variety of persons with disabilities.
- To provide the opportunity to develop skills in leadership, programming, activity analysis, and problem solving.
- To provide the opportunity to observe and develop the skills necessary to be an effective team member.
- To meet school/university requirements for: length/duration of internship experience; completion of performance evaluations; communication with school liaison.
- To familiarize student with tasks of NCTRC's 1997 job analysis study.
- To prepare the student for an entry level position within the field of therapeutic recreation (or related field).

Your internship experience will include:

- Assessment of program participants and individualized program planning.
- Program development, promotion and implementation.
- Documentation and evaluation of participant progress.
- Hands-on, direct experience with a wide range of physical disabilities.
- Exposure to various fundraising methods.
- Exposure to a wide range of adapted equipment and recreation activities.
- The opportunity to use recreation as a modality to maximize independence and functional skills, and promote awareness of a healthy leisure lifestyle for individuals with physical disabilities.

Procedure for Intern Selection

Northeast Passage will accept one intern for Internship Session I (September-December), one intern for Internship Session II (January-May), and two interns for internship Session III (May-August). Interns will work at least 40 hours per week for 14 consecutive weeks. Applications are accepted on an on-going basis but must be received no later than the deadlines indicated below.

The student must submit the following:

- A resume and cover letter with requested starting date indicated.
- List three references from each of the following: the student's academic advisor, faculty member within the department, and a work/volunteer supervisor (these do not have to be letters; please list as reference including contact information).
- The completed Northeast Passage internship application.
- An official academic transcript.
- While not an official requirement, it is suggested that students who live within 200 miles of Northeast Passage volunteer for at least two Northeast Passage events prior to submitting an internship application. Students living outside the 200-mile radius of Northeast Passage are encouraged to show documentation of volunteer hours from other programs which provide services for individuals with physical disabilities.

Selection Process Deadlines

Based on a Northeast Passage staff review of submitted paperwork, the internship coordinator will request an interview by phone or in person with selected students. Students not accepted will be notified by mail. Interns must complete 14 consecutive weeks any time during Session I, Session II, or Session III. These sessions are simply windows of time; you are not required to do your internship for the entire time noted (i.e. for Session I you must select 14 consecutive weeks somewhere within the September-December window).

INTERNSHIP
(14 weeks within the following)

APPLICATION DEADLINE

NOTIFICATION

Session I September-December
Session II January-May
Session III May-August

May 15th
September 30th
February 15th

No later than June 15th
No later than October 30th
No later than March 15th

**Northeast Passage
A Program of the University of New Hampshire**

INTERNSHIP APPLICATION

DATE OF APPLICATION: _____

NAME:	MAILING ADDRESS:
PHONE: EMAIL:	SCHOOL/UNIVERSITY ATTENDING:
SCHOOL/UNIVERSITY ADDRESS:	MAJOR: EXPECTED GRADUATION DATE:
ACADEMIC ADVISOR NAME, PHONE #, EMAIL:	INTERNSHIP ADVISOR: NAME, AD- DRESS, PHONE, EMAIL:
INTERNSHIP SESSION APPLYING FOR: (circle one) SESSION I (September-December) SESSION II (January-May) SESSION III (May-August)	Will you have access to a vehicle? Yes No What housing arrangements will you have: ___ Living with relatives ___ Living at home ___ Renting an apartment ___ Other: explain

NORTHEAST PASSAGE INTERNSHIP APPLICATION

You may record your answers directly on the application. If more room is needed, please attach additional paper and note continuation at the end of your response.

- Why do you want to do your internship with Northeast Passage and people with physical disabilities?

- Briefly summarize your work/volunteer experience with individuals with disabilities:

- What type of work/volunteer experiences do you have in recreation, therapeutic recreation, or special recreation?

NORTHEAST PASSAGE INTERNSHIP APPLICATION

- Identify three strengths you possess which would contribute to your internship experience. Please explain.

A. _____

B. _____

C. _____

- What are some areas of improvement you feel you need in regards to recreation and disability related issues:

- What are some of your expectations of this internship?

- What do you think you can contribute to Northeast Passage through this internship?

- What are your professional goals after graduation from college?
