FY 19 FINANCIALS

Income
$1,962,909

- Contributions: $430,991 (22%)
- Endowment Income: $26,720 (1%)
- Grants: $326,512 (17%)
- Fees for Service: $457,711 (23%)
- UNH: $605,975 (31%)
- Planned Reserve Use: $115,000 (6%)

Expense
$1,942,241

- Personnel: $1,362,577 (70%)
- Facility/Administration: $239,301 (12%)
- Marketing & Events: $67,404 (4%)
- Recreational Therapy: $66,823 (3%)
- Sport, Rec, Equipment: $206,136 (11%)

Endowment Funds Market Value (12/31/2018)
- Kennett & Patricia Kendall Endowment: $54,438
- Keough Northeast Passage Fund: $55,699
- Northeast Passage Athletic Excellence Scholarship Fund: $46,981
- Taylor Bent Chase ’11 Fund for Athlete Development: $77,900
- John Smith 50’ Northeast Passage Fund: $341,315
- Gravink Family Fund: $41,043
- TOTAL: $617,376

Balance forward from FY 18
- Restricted Fund Balance: $167,807
- Unrestricted Fund Balance: $394,333
- TOTAL: $562,140

Balance Forward to FY 20
- Restricted Fund Balance: $265,486
- Unrestricted Fund Balance: $101,873
- TOTAL: $367,359
OUR UPDATED MISSION

To empower people living with disabilities, both visible and invisible, to define, pursue and achieve whole life health, community engagement and fulfillment through the purposeful use of sports and recreation involvement; To develop and promote best practices in the fields of Therapeutic Recreation and Adaptive Sports.

FY 19 IMPACT

9,319 individuals reached

104,026 miles traveled

1,417 clinical visits

400 adaptive sports & recreation events

127 academic & outreach events

Photo Credit: Danielle Macinnes
IT WAS AN EPIPHANY FOR ME, AN AWAKENING; THAT THERE ARE THINGS I CAN DO INSTEAD OF SITTING AROUND THE HOUSE FEELING SORRY FOR MYSELF ALL THE TIME.

RECREATIONAL THERAPY (COMMUNITY-BASED)

The Northeast Passage Community-Based Recreational Therapy (C-BRT™) program is an individualized goal-based recreation therapy intervention that embraces a holistic approach to health management.

Different than working with healthcare providers in an office setting, this real world/real time approach to creating solutions for active and engaged living takes the guess work out of what happens when an individual goes home or is discharged from care. While the work we do with clients is built around having fun, it is also a therapeutic modality grounded in World Health Organization’s international classification of functioning (ICF). C-BRT is at the forefront of healthcare trends that emphasize prevention strategies and supporting a person in developing functional skills that support active living and community access as part of personal health management.

124 individuals Served
RECREATIONAL THERAPY (SCHOOL-BASED)

Northeast Passage’s School Based Recreational Therapy program TREK (Therapeutic Recreation Empowering Kids™) is designed to work with parents, students, administrators, physical education, special education and classroom teachers, as well as other related service providers, to ensure equal opportunity for students with physical and developmental disabilities.

The TREK program helps students with disabilities develop skills across multiple domains through the process of assessment, goal development, and participation in goal-directed recreation activities.

22 schools
245 students
1,283 visits
37,401 miles traveled

“IT HAS ALLOWED MY SON TO IDENTIFY KEY FUNCTIONAL GOALS, GAIN CRITICAL SELF-CONFIDENCE, COPE WITH THE REALITIES OF HIS DISABILITIES, AND EXPLORE POSSIBILITIES THAT OTHERWISE DID NOT SEEM ACHIEVABLE.”
WHEN I GO WITH NORTHEAST PASSAGE, I FORGET THAT I HAVE ANY DISABILITIES AT ALL. IT’S NOT JUST ADAPTIVE, IT’S BECAUSE OF THE STAFF AND THE ADAPTATIONS THEY CAN MAKE THAT LEADS TO A FANTASTIC OUTING EXPERIENCE!

ADAPTIVE RECREATION

The Adaptive Sports and Recreation program offers a spectrum of service, from entry-level instruction to ongoing recreation. This program provides the appropriate level of support and challenge for clients of all abilities. Northeast Passage offers ongoing, year-round programming in different sports of particular interest to people living in New England.

Recreational Opportunities in FY 19:
- Archery
- Court Sports
- Cycling
- Fat Bike/Trike
- Golf
- Ice Skating
- Kayaking
- Kayak Fishing
- Off-road Cycling
- Nordic Skiing
- Paddleboarding
- Para Pickleball
- Snowshoeing
- Waterskiing
- Wheelchair Lacrosse

General Recreation

99 events
707 participants

Contracted Recreation

60 contracted events
1481 participants
94 events
767 attendances
200 individuals served

VETERAN RECREATION

We strive to create an open and welcoming environment for Veterans in all of our programs and Veterans and Active Duty Service Members from all eras and of all ability levels are encouraged to participate in this program. Most options are provided at no cost to Veterans & Members of the Armed Forces through funding from the United States Department of Veterans Affairs, a partnership with Project Healing Waters Fly Fishing, Operation Hat Trick, Little Harbour Charitable Foundation and other local organizations.

Veteran-Specific Opportunities in FY 19:
- Alpine Skiing
- Archery
- Bowling
- Cycling
- Deep Sea Fishing
- Fitness Aquatics
- Fly-fishing
- Fly-tying
- Golf
- Kayaking
- Off-road Cycling
- Paddleboarding
- Painting
- Rock Climbing
- Sled Hockey
- Tai Chi
- Waterskiing
- Woodcarving

I started my journey in a very dark place and through recreation therapy and interaction with staff and other veterans, I am healing and enjoying life.
NEP HAS OPENED UP DOORS FOR ME THAT I NEVER THOUGHT COULD BE OPENED. THEY’VE NOT ONLY HELPED ME GROW AS AN ATHLETE BUT EVEN MORE AS A PERSON.

COMPETITIVE SPORTS

Northeast Passage currently offers three competitive sports programs; power soccer, sled hockey, and wheelchair rugby. Each program offers athletes with disabilities opportunities to train and compete from the beginner and developmental level to the elite and Paralympic level. Adult and youth athletes are welcome in all three competitive sports programs.

In cooperation with the University of New Hampshire, Northeast Passage has developed a unique opportunity for competitive athletes with disabilities to train and attend college as student athletes. Students recruited and accepted into the program train and study alongside UNH NCAA athletes. We view this program not only as a means to support and develop talented athletes but more importantly as a way to motivate these athletes to pursue a college degree. We believe that individuals with disabilities, provided with the right tools and environment, can excel as both athletes and students.

77 athletes
5 (UNH) Student Athletes
147 events
23,845 miles traveled

Photo Credit: Eric Hartmann
EQUIPMENT RENTALS

Northeast Passage’s Equipment Rental Program is available to the public and makes it affordable to try before you buy, be a weekend warrior, gain skills, and be involved in more than one sport. Schools, camps, other adaptive sports organizations and community partners also leverage the equipment rental program to make their trips and activities more inclusive without the expense of owning and maintaining their own adaptive equipment.

Northeast Passage also offers equipment consult services, conducted by Certified Therapeutic Recreation Specialists (CTRS/L), to assist individuals in finding and correctly fitting adaptive equipment to their specific needs and abilities.

Top Equipment Rental Categories in FY 19:
- Adaptive Cycles & Trikes
- Off-Road Wheelchairs
- Beach Wheelchairs

172 rentals
31 equipment consults
665 pieces of equipment

“THANK YOU FOR HELPING US GIVE EMMETT THE BEST DAY HE’S HAD IN A YEAR AND OPENING OUR IMAGINATION AND AMBITION TO SO MUCH MORE! WE WERE ALL MOVED BEYOND WORDS TO SEE THE OLD SPARK IN OUR FRIEND’S EYES THAT ONLY ADVENTURES IN WILD PLACES LIGHTS UP.”
Similarity Awareness provides an integrated opportunity for all students to explore the similarities we share, regardless of ability, through participation in activities and discussion. Northeast Passage brings wheelchairs and accessories into schools to facilitate and play a variety of familiar and novel games and sports tailored to age group, class size and abilities. This experience teaches students to consider that using a wheelchair while playing a sport requires skill and practice and is also challenging, athletic and fun. The Similarity Awareness program is also popular outside of schools with youth clubs, camps, and summer recreational programs.

37 visits
34 schools & orgs
5,851 students reached

“NEP does a great job helping our students and staff understand the connections between all sports and athletes, regardless of disabilities.”

Photo Credit: Andrew Dickenson
TEACHING & RESEARCH

We take pride in preparing the next generation of therapists at the University of New Hampshire through practical classroom and living lab teaching. We also conduct clinical research demonstrating the efficacy of our work and new advances in the field of Therapeutic Recreation.

Students from the University of New Hampshire and beyond are welcome to join us for job shadowing and volunteer opportunities, tours of the office space, and practicum placements. We also accept student interns looking for an internship experience in therapeutic recreation under the supervision of one of our Certified Therapeutic Recreation Specialists (CTRS).

In June, Northeast Passage and the UNH RMP department hosted a group of sports & recreation professionals from Malawi for two weeks of learning about adaptive sports and inclusion.

“All of these opportunities are unique and have already taught me so much about the importance of therapeutic recreation.”

33 course labs taught
15 guest lectures
14 internships & practicums
6 student workers
26 student volunteers
OUTREACH

When the Northeast Passage staff are not out in the community conducting programs and changing lives, they are involved in a variety of outreach events. Staff members regularly attend and present at conferences and community events, facilitate trainings for recreation professionals, hold adaptive sports demonstrations, and participate in fundraising events.

Outreach events provide valuable exposure for Northeast Passage and promote innovation in the fields of adaptive sports and therapeutic recreation. Additionally, outreach introduces concepts like inclusion and accessible recreation to community members and helps potential clients and participants discover Northeast Passage and learn about which programs may be the most beneficial to them.

Many Northeast Passage therapists and directors are active members of the American Therapeutic Recreation Association (ATRA) and participate in maintaining standards for therapeutic recreation ethics and licensure. Northeast Passage also has a long history of working with legislatures at the state and federal level to not only recognize the legitimacy of therapeutic recreation as a proven medical intervention but to also provide better access to adaptive sports and therapeutic recreation for populations that can benefit from these opportunities the most.

42 events

WE WOULD LIKE TO THANK YOU FOR ALL OF THE ASSISTANCE YOU PROVIDED AS THE LOCAL HOST PARTNER FOR THE A2A LEADERSHIP CONFERENCE IN NH. YOUR WHOLE CREW WENT ABOVE AND BEYOND! WE SO GREATLY APPRECIATE YOUR DEDICATION AND SUPPORT!
DEFINE
PURSUE
ACHIEVE