MISSION
To empower people living with disabilities, both visible and invisible, to define, pursue and achieve whole life health, community engagement and fulfillment through the purposeful use of sports and recreation involvement; To develop and promote best practices in the fields of Therapeutic Recreation and Adaptive Sports.

FY20 IMPACT

6,346 INDIVIDUALS REACHED
65,635 MILES TRAVELED
1,272 CLINICAL VISITS
418 ADAPTIVE SPORTS & REC EVENTS
108 ACADEMIC & OUTREACH EVENTS
The COVID-19 pandemic has had a substantial impact on every program area of Northeast Passage, including administrative aspects, and finances. Despite these unforeseen challenges, Northeast Passage has found threads of silver lining and has remained steadfast in providing accessible and safe ways to carry out the mission we are committed to. Staff has been working tirelessly behind the scenes with University officials to create new program models that will exceed global and national safety guidelines, while providing much needed recreational opportunities and clinical treatment to our constituents.
FY20 FINANCIALS

Income
$1,960,842

- Contributions $662,029
- Endowment Income $25,455
- Grants $252,682
- Fees for Service $258,746
- UNH $643,067
- Reserve Use $118,863

Expense
$1,960,842

- Sport, Rec, Equipment $276,086
- Marketing & Events $59,612
- Recreational Therapy $150,359
- Facility/Administration $134,821
- Personnel $1,339,964

Endowment Funds Market Value (12/31/2019)
- Kennett & Patricia Kendall Endowment $59,869
- Keough Northeast Passage Fund $61,254
- Northeast Passage Athletic Excellence Scholarship Fund $51,668
- Taylor Bent Chace '11 Fund for Athlete Development $86,697
- John Smith 50' Northeast Passage Fund $375,363
- Gravink Family Fund $45,137
TOTAL $679,988

Balance forward from FY 19
- Restricted Fund Balance $265,486
- Unrestricted Fund Balance $101,873
TOTAL $367,359

Balance Forward to FY 21
- Restricted Fund Balance $103,975
- Unrestricted Fund Balance $151,449
TOTAL $255,424
The Northeast Passage Community-Based Recreational Therapy (C-BRT™) program is an individualized goal-based recreation therapy intervention that embraces a holistic approach to health management.

Different than working with healthcare providers in an office setting, this real world/real time approach to creating solutions for active and engaged living takes the guess work out of what happens when an individual goes home or is discharged from care. C-BRT is at the forefront of healthcare trends that emphasize prevention strategies and supporting a person in developing functional skills that support active living and community access as part of personal health management.

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Northeast Passage’s School Based Recreational Therapy program TREK (Therapeutic Recreation Empowering Kids™) is designed to work with parents, students, administrators, physical education, special education and classroom teachers, as well as other related service providers, to ensure equal opportunity for students with physical and developmental disabilities.

The TREK program helps students with disabilities develop skills across multiple domains through the process of assessment, goal development, and participation in goal-directed recreation activities.

I have witnessed the significant role Recreational Therapy plays in the acquisition and generalization of skills for students with the most complex educational disabilities.
The Adaptive Sports and Recreation program offers a spectrum of service, from entry-level instruction to ongoing recreation. This program provides the appropriate level of support and challenge for clients of all abilities. Northeast Passage offers ongoing, year-round programming in different sports of particular interest to people living in New England.

Recreational Opportunities in FY 20:

- Archery
- Arts
- Court Sports
- Cycling
- E-sports
- Fat Bike/Trike
- Golf
- Ice Skating
- Kayaking
- Meditation
- Off-road Cycling
- Paddleboarding
- Para Pickleball
- Waterskiing
- Wheelchair Lacrosse

“The staff and volunteers at Northeast Passages are universally kind, caring, thoughtful, & dedicated. It gives one hope for the world to find people like this.”

621 PARTICIPANTS
116 EVENTS
46 VIRTUAL EVENTS
55 CONTRACTED EVENTS
1,011 CONTRACTED PARTICIPANTS
As a veteran with PTSD, getting out and participating in group events can be hard. The atmosphere at NEP programs is very welcoming, absolutely one of the best programs in which I have participated.

We strive to create an open and welcoming environment for Veterans in all of our programs and Veterans and Active Duty Service Members from all eras and of all ability levels are encouraged to participate in this program. Most options are provided at no cost to Veterans & Members of the Armed Forces through funding from the United States Department of Veterans Affairs, a partnership with Project Healing Waters Fly Fishing, Operation Hat Trick, Little Harbour Charitable Foundation and other local organizations.

Veteran-Specific Opportunities in FY 20:

- Alpine Skiing
- Archery
- Arts
- Bocce
- Bowling
- Cycling
- Deep Sea Fishing
- Fitness Aquatics
- Fly-fishing
- Fly-tying
- Golf
- Kayaking
- Off-road Cycling
- Paddleboarding
- Rock Climbing
- Sled Hockey
- Tai Chi
- Waterskiing
- Yoga

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Northeast Passage currently offers three competitive sports programs: power soccer, sled hockey, and wheelchair rugby. Each program offers athletes with disabilities opportunities to train and compete from the beginner and developmental level to the elite and Paralympic level. Adult and youth athletes are welcome in all three competitive sports programs.

In cooperation with the University of New Hampshire, Northeast Passage has developed a unique opportunity for competitive athletes with disabilities to train and attend college as student athletes. Students recruited and accepted into the program train and study alongside UNH NCAA athletes. We view this program not only as a means to support and develop talented athletes but more importantly as a way to motivate these athletes to pursue a college degree. We believe that individuals with disabilities, provided with the right tools and environment, can excel as both athletes and students.

“For me, NEP has been the gateway to being fully alive.”
Northeast Passage’s Equipment Rental Program is available to the public and makes it affordable to try before you buy, be a weekend warrior, gain skills, and be involved in more than one sport. Schools, camps, other adaptive sports organizations and community partners also leverage the equipment rental program to make their trips and activities more inclusive without the expense of owning and maintaining their own adaptive equipment.

Northeast Passage also offers equipment consult services, conducted by Certified Therapeutic Recreation Specialists (CTRS/L), to assist individuals in finding and correctly fitting adaptive equipment to their specific needs and abilities.

Top Equipment Rental Categories in FY 20:

- Adaptive Cycles & Trikes
- Off-Road Wheelchairs
- Beach Wheelchairs

“The greatest joy one can have is doing something they never imagined they ever could.”
Thank you for your work in making this opportunity available for our students to learn. They thoroughly enjoyed it and took away in so many ways how we are all more similar than different.

Similarity Awareness provides an integrated opportunity for all students to explore the similarities we share, regardless of ability, through participation in activities and discussion. Northeast Passage brings wheelchairs and accessories into schools to facilitate and play a variety of familiar and novel games and sports tailored to age group, class size and abilities. This experience teaches students to consider that using a wheelchair while playing a sport requires skill and practice and is also challenging, athletic and fun. The Similarity Awareness program is also popular outside of schools with youth clubs, camps, and summer recreational programs.
We take pride in preparing the next generation of therapists at the University of New Hampshire through practical classroom and living lab teaching. We also conduct clinical research demonstrating the efficacy of our work and new advances in the field of Therapeutic Recreation.

Students from the University of New Hampshire and beyond are welcome to join us for job shadowing and volunteer opportunities, tours of the office space, and practicum placements. We also accept student interns looking for an internship experience in therapeutic recreation under the supervision of one of our Certified Therapeutic Recreation Specialists (CTRS).
When the Northeast Passage staff are not out in the community conducting programs and changing lives, they are involved in a variety of outreach events. Staff members regularly attend and present at conferences and community events, facilitate trainings for recreation professionals, hold adaptive sports demonstrations, and participate in fundraising events.

Outreach events provide valuable exposure for Northeast Passage and promote innovation in the fields of adaptive sports and therapeutic recreation. Additionally, outreach introduces concepts like inclusion and accessible recreation to community members and helps potential clients and participants discover Northeast Passage and learn about which programs may be the most beneficial to them.

Many Northeast Passage therapists and directors are active members of the American Therapeutic Recreation Association (ATRA) and participate in maintaining standards for therapeutic recreation ethics and licensure. Northeast Passage also has a long history of working with legislatures at the state and federal level to not only recognize the legitimacy of therapeutic recreation as a proven medical intervention but to also provide better access to adaptive sports and therapeutic recreation for populations that can benefit from these opportunities the most.

"Not only was it an incredibly fun and challenging game, the experience was inspiring. The Wildcats shared how wheelchair rugby, and other activities made possible by NEP, provides them with a sense of camaraderie, confidence and competition that they lost after their injuries."
FY20 LEAD SPONSORS
($10,000 & UP)

Doris L. Benz. Trust
Gibney Family Foundation
Grimshaw-Gudewicz Charitable Foundation
A. L. Mailman Foundation