



FY21 ANNUAL REPORT

July 1, 2020 - June 30, 2021

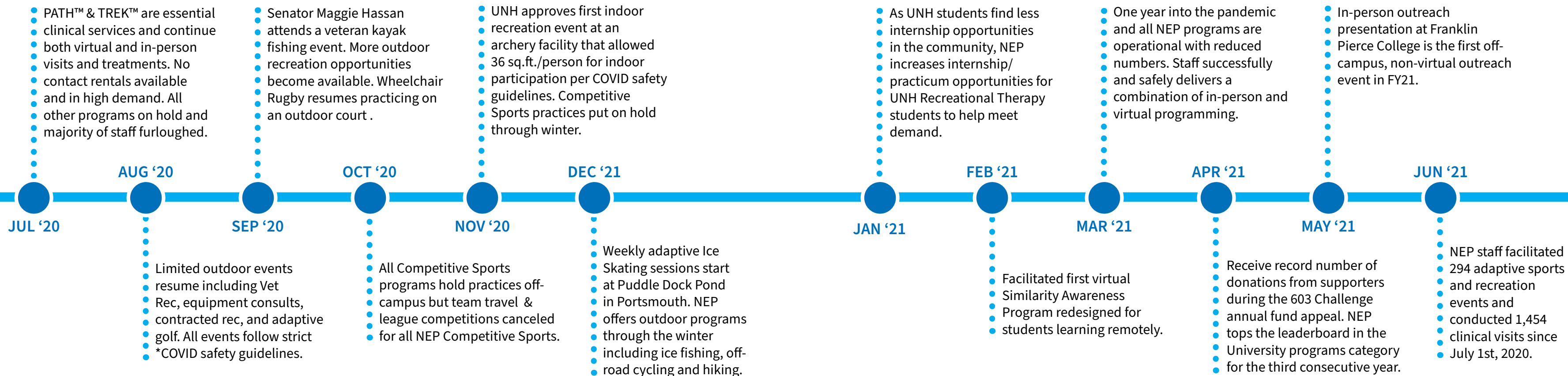
CONTENTS

1-2	Return to Programming
3-4	Mission & Impact
5-6	Financials
7	Recreational Therapy Community-based
8	Recreational Therapy School-based
9	Adaptive Recreation
10	Veteran Recreation
11	Competitive Sports
12	Equipment Rental
13	Similarity Awareness
14	Teaching, Research, & Outreach
15-16	Lead Sponsors



FY21 COVID RESPONSE - RETURN TO PROGRAMMING

*Northeast Passage conducts all programming according to University of New Hampshire, CDC, state, local and individual facility COVID safety guidelines.



FY21 IMPACT

MISSION

To empower people living with disabilities, both visible and invisible, to define, pursue and achieve whole life health, community engagement and fulfillment through the purposeful use of sports and recreation involvement; To develop and promote best practices in the fields of Therapeutic Recreation and Adaptive Sports.

125,983
MILES
TRAVELED

1,454
CLINICAL
VISITS

294
ADAPTIVE
SPORTS
& REC EVENTS

88
ACADEMIC &
OUTREACH
EVENTS

1,903
INDIVIDUALS
REACHED

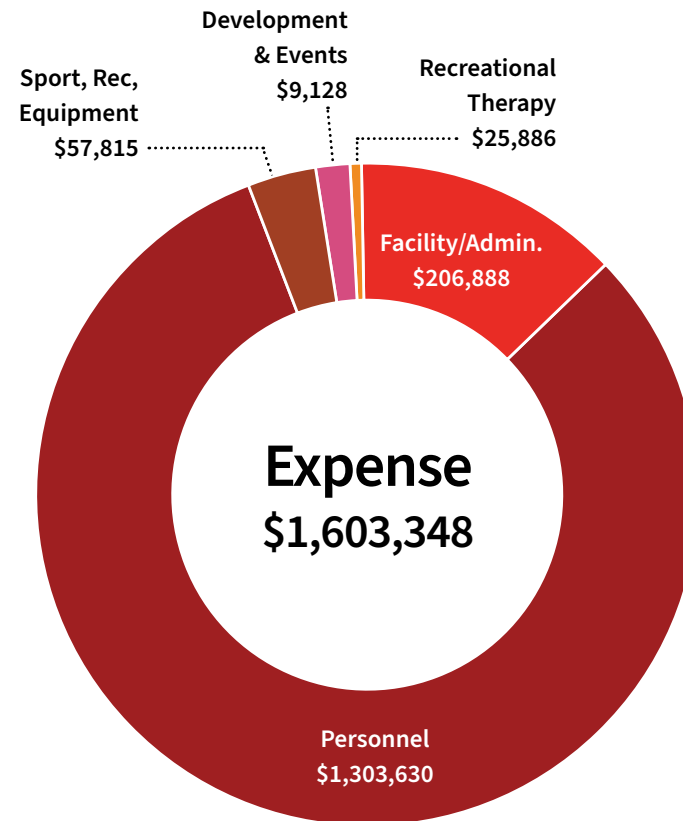
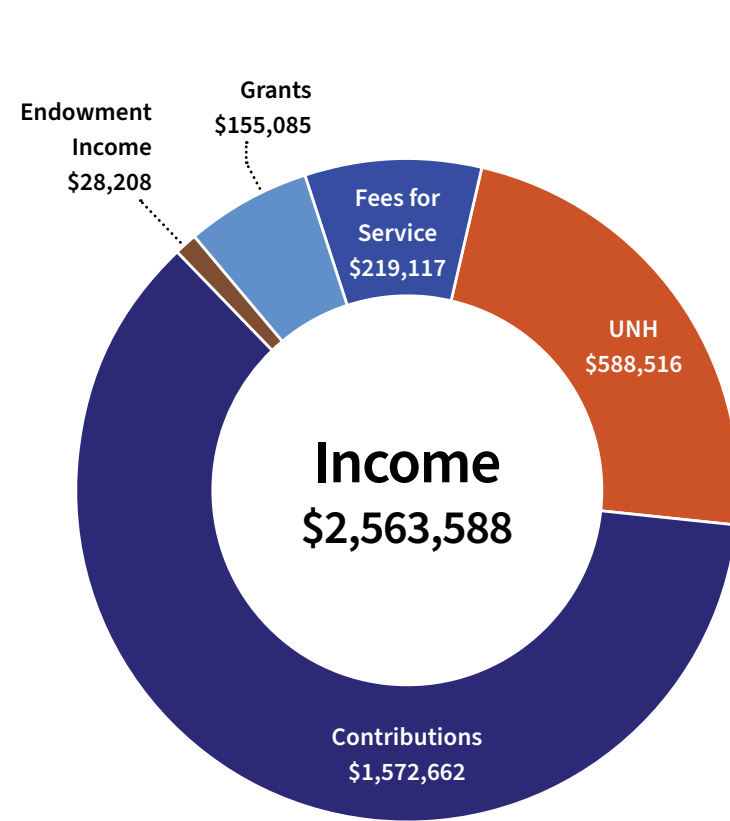


FY21 DEVELOPMENT MILESTONES

Building a Strong Future:

- ✓ \$1,000,000 gift to expand the Competitive Sports program and establish the Tucker Center for All Athletes
- ✓ \$300,000 gift to fund development professional position over 3 years from Monica and Rick Segal (In loving memory of Debra J. Segal)
- ✓ \$175,000 gift over 5 years from NEP Living Innovations Fund to maintain NEP Vehicle Fleet
- ✓ \$100,000 gift from anonymous donor to provide stable support for staff during the pandemic
- ✓ \$100,000 gift from RAWZ Natural Pet Food supporting NEP greatest need

FY21 FINANCIALS



Endowment Funds Market Value (12/31/2020)

Kennett & Patricia Kendall Endowment	68,166
Keough Northeast Passage Fund	64,209
Northeast Passage Athletic Excellence Scholarship Fund	58,828
Taylor Bent Chace '11 Fund for Athlete Development	92,612
John Smith 50' Northeast Passage Fund	393,516
Gravink Family Fund	57,745
TOTAL	\$735,076

Balance forward from FY 20

Restricted Fund Balance	103,975
Unrestricted Fund Balance	151,449
TOTAL	\$255,424

Balance Forward to FY 22

Restricted Fund Balance	922,157
Unrestricted Fund Balance	289,789
TOTAL	\$1,211,946

RECREATIONAL THERAPY (COMMUNITY-BASED)

The Northeast Passage Community-Based Recreational Therapy (C-BRT™) program is an individualized goal-based recreation therapy intervention that embraces a holistic approach to health management. C-BRT is at the forefront of healthcare trends that emphasize prevention strategies and supporting a person in developing functional skills that support active living and community access as part of personal health management.

In FY21 the C-BRT program was able to successfully make the transition to virtual treatment without interruption and transitioned back to in-person services as guidelines allowed and clients felt safe doing so. During this time the C-BRT program fulfilled grant funded initiatives including a grant from The Gibney Family Foundation to provide C-BRT services to individuals in TBI and stroke recovery, and a unique program funded by Swim With A Mission, supporting mental health and recovery for veterans and first responders.

36 INDIVIDUALS
SERVED

199 TOTAL
VISITS

345
TREATMENT
HOURS



RECREATIONAL THERAPY (SCHOOL-BASED)

The TREK (Therapeutic Recreation Empowering Kids™) program is designed to work with parents, students, administrators, physical education, special education and classroom teachers, as well as other related service providers, to ensure equal opportunity for students with physical, emotional and intellectual disabilities. TREK helps students with disabilities develop skills across multiple domains through the process of assessment, goal development, and participation in goal-directed recreation activities.

TREK remained active during FY21, supporting school systems through a variety of remote, hybrid and in-person learning models. These services proved to be crucial for students and families experiencing increased isolation and seeking purposeful educational activities.

21
SCHOOLS
SERVED

126
STUDENTS
SERVED

1,255
TOTAL
VISITS

28,784
MILES
TRAVELED



ADAPTIVE RECREATION

The Adaptive Sports and Recreation program offers a spectrum of service, from entry-level instruction to ongoing recreation. This program provides the appropriate level of support and challenge for clients of all abilities. Northeast Passage offers ongoing, year-round programming in different sports of particular interest to people living in New England.

As the University, state, and CDC developed COVID safety guidelines and a phased reopening approach, NEP recreation staff developed new safety and sanitation protocols and redesigned select in-person recreational events providing safe opportunities for participants.

Recreational Opportunities in FY 21:

- | | | |
|----------------|---------------|--------------------|
| • Archery | • Golf | • Meditation |
| • Arts | • Ice Fishing | • Off-road Cycling |
| • Court Sports | • Ice Skating | • Paddleboarding |
| • Cycling | • Kayaking | • Pickleball |

69	290	45	281
EVENTS	PARTICIPANTS	CONTRACTED EVENTS	CONTRACTED PARTICIPANTS



VETERAN RECREATION

Northeast Passage Veteran Recreation programming is provided at no cost to Veterans & Members of the Armed Forces through funding from the United States Department of Veterans Affairs, Operation Hat Trick, Swim with a Mission and other local organizations. NEP also partners with other veteran organizations including the Manchester VA and White River Junction VA, Pineland Farms VAST Program, Sanford Veteran Center, Boulder Point Veteran Housing, and VFR Manchester, to provide recreational services or enhance existing recreational programs.

Veteran-Specific Opportunities in FY 21:

- | | | |
|-------------|----------------|---------------------------|
| • Air Rifle | • Fly-fishing | • Kayak-Fishing |
| • Archery | • Fly-tying | • Off-road Cycling |
| • Arts | • Golf | • Paddleboarding |
| • Bocce | • Hiking | • Pickleball |
| • Bowling | • Hula Hooping | • Wheelchair Court Sports |
| • Cycling | • Ice Fishing | |
| • Disc Golf | • Ice Skating | |
| • Fishing | • Kayaking | |

213	130	843
INDIVIDUALS SERVED	EVENTS	ATTENDANCES

COMPETITIVE SPORTS

Northeast Passage offers three competitive sports programs; power soccer, sled hockey, and wheelchair rugby and is actively developing Wheelchair Lacrosse as a fourth program. Each program offers athletes opportunities to train and compete from the beginner and developmental level to the elite and Paralympic level. Adult and youth athletes are welcome in all competitive sports programs. In cooperation with the University of New Hampshire, Northeast Passage has developed a unique opportunity for competitive athletes with disabilities to train and attend college as student athletes.

Competitive Sports was the NEP program most impacted by the COVID pandemic during FY21. All three Competitive Sports programs faced league cancellations during the 2020/21 season. Despite facing these challenges, athletes were able to stay connected through virtual team meetings and workouts and were eventually able to resume in-person practice and training by the end of October 2020.

50
EVENTS

70
ATHLETES

2
UNH STUDENT
ATHLETES



EQUIPMENT RENTALS

Northeast Passage's Equipment Rental Program is available to the public and makes it affordable to try before you buy, be a weekend warrior, gain skills, and be involved in more than one sport. Schools, camps, other adaptive sports organizations and community partners also leverage the equipment rental program to make their trips and activities more inclusive without the expense of owning and maintaining their own adaptive equipment. Northeast Passage also offers equipment consult services, conducted by Certified Therapeutic Recreation Specialists (CTRS/L), to assist individuals in finding and correctly fitting adaptive equipment to their specific needs and abilities.

The Equipment Rental Program has been a recreational lifeline for many during the pandemic as individuals with disabilities faced increased isolation, less access to programs and services, and an increased need to access outdoor spaces to socialize and interact with others. NEP staff were able to provide safe and successful rentals and equipment consultations throughout FY21 to meet the needs of our clients.

150
RENTALS

52
EQUIPMENT
CONSULTS

472
PIECES OF
EQUIPMENT

SIMILARITY AWARENESS

Similarity Awareness provides an integrated opportunity for all students to explore the similarities we share, regardless of ability, through participation in activities and discussion. Northeast Passage brings wheelchairs and accessories into schools to facilitate and play a variety of familiar and novel games and sports tailored to age group, class size and abilities. This experience teaches students to consider that using a wheelchair while playing a sport requires skill and practice and is also challenging, athletic and fun. The Similarity Awareness program is also popular outside of schools with youth clubs, camps, and summer recreational programs.

NEP staff successfully created a virtual model of the Similarity Awareness Program to provide to school systems and organizations using remote learning or hybrid models during FY21.

37
SESSIONS

8
SCHOOLS
& ORGS

400
STUDENTS



TEACHING, RESEARCH & OUTREACH

We take pride in preparing the next generation of therapists at the University of New Hampshire through practical classroom and living lab teaching. We also conduct clinical research demonstrating the efficacy of our work and new advances in the field of Therapeutic Recreation. NEP accepts student interns from UNH and beyond looking for an internship experience in therapeutic recreation under the supervision of one of our Certified Therapeutic Recreation Specialists (CTRS).

NEP Staff members also regularly attend and present at conferences and community events, facilitate trainings for recreation professionals, hold adaptive sports demonstrations, and participate in fundraising events.

Throughout FY21, NEP continued to educate, participate in research, and conduct outreach events successfully through a combination of virtual, hybrid, and in-person models, successfully fulfilling our educational mission.

8
GUEST
LECTURES

31
LABS TAUGHT

5
INTERNSHIPS
& PRACTICUMS

17
OUTREACH
EVENTS



FY21 LEAD CORPORATE & FOUNDATION SPONSORS (\$10,000 & UP)



THE NEXT BEST THING TO FEEDING RAW.™



Doris L. Benz. Trust

Gibney Family Foundation

Grimshaw-Gudewicz Charitable Foundation

Homer Foundation

A. L. Mailman Foundation



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University of New Hampshire
College of Health and Human Services