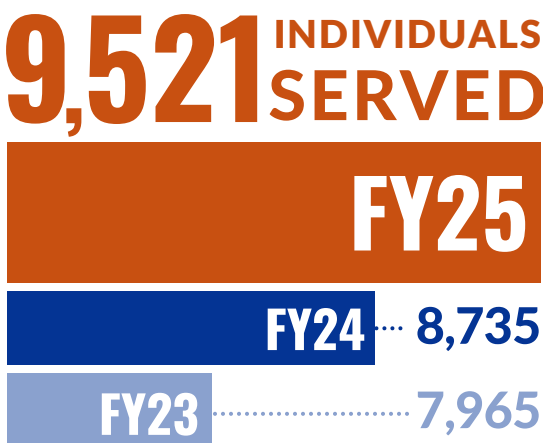




University of New Hampshire  
College of Health and Human Services



# NEP BY THE NUMBERS FY 2025



### ADAPTIVE SPORTS & RECREATION

**RECREATION**

Events Participants

**135 ... 307**

Contracted Events Contracted Participants

**79 ..... 1272**

**COMPETITIVE SPORTS**

Events Athletes

**251 ... 98**

**EQUIPMENT RENTALS**

Rentals Consults Pieces of Equip.

**252 58 560**

**VETERAN RECREATION**

Individuals Attendances

**313 ... 863**

Events

**112**

**SIMILARITY AWARENESS**

Schools Sessions

**47 ... 113**

Students Reached

**8182**

### RECREATIONAL THERAPY

**SCHOOL-BASED (TREK)**

Schools Students

**28 ... 249**

Visits Miles Traveled

**1200 ... 40,060**

**COMMUNITY-BASED (C-BRT)**

Individuals Visits

**62 ... 422**

Treatment Hours

**796**

### TEACHING, RESEARCH & OUTREACH

Labs Taught

**65**

Guest Lectures & Trainings

**40**

Student Workers

**6**

Internships & Practicums

**8**

Student Volunteers

**36**

Outreach Events

**45**

OSEP & APE Grad Students

**8**

FY 2025 OPERATING BUDGET: \$2,740,244				Expense	
Funding					
Philanthropy	Fees	UNH	Grants	Personnel	Programs
\$1,043,842	\$725,012	\$561,240	\$410,150	Full time - 100 Part time - 20 Student - 100 Personnel - \$1,967,869	Programs - \$772,375





# Supporting UNH's Strategic Initiatives

## First Choice Destination

### Recruiting Top-Tier Athletes

Northeast Passage is proud to support the University of New Hampshire as a first-choice destination for adaptive sports athletes from across the country. Top-tier sled hockey players are choosing UNH to be part of Northeast Passage's nationally recognized sled hockey program—one of the best in the nation. Together, NEP and UNH offer an unparalleled environment where student-athletes can excel academically, socially, and athletically.



### Expanding Educational Opportunities

Northeast Passage serves as a living lab for students across a wide range of majors, providing hands-on experiential learning with adaptive sports, equipment and a variety of populations. Through internships, volunteer roles, practicum placements, and work-study opportunities, students deepen their learning beyond the classroom, gaining skills that prepare them for impactful careers.



## Commitment to Well-Being & Belonging

### Building Community for UNH Students, Faculty, and Staff with Disabilities

Northeast Passage remains a trusted resource for UNH students, faculty, and staff with disabilities, offering community, support, and access to meaningful sport and recreation opportunities. Whether stopping by the office for mobility equipment repairs, borrowing adaptive recreation equipment, joining weekly adaptive Court Sports at the UNH Hamel Rec Center, or taking part in campus events like the President's Community Holiday Skating Party, NEP ensures UNH community members of all abilities are included, supported, and able to fully experience a sense of belonging in campus life.

*"Having access to Northeast Passage right here on campus has opened so many doors for me—easing the challenges of being a disabled college student and giving me opportunities I never could have imagined."*

-Noa Hellquist '26



## Interdisciplinary Education & Research Excellence

### Developing Inquiry & Collaboration

Northeast Passage collaborates across disciplines on research, trainings, and professional presentations. This year, NEP served as a subject matter expert for the Institute for Health Policy & Practice's Project ECHO series on Person-Centered Care, presenting on Dignity of Risk to regional, national, and global audiences. NEP also completed year three of a CDC-funded partnership with the Institute on Disability, providing Community-Based Recreational Therapy to 12 adults with mobility disabilities to improve community access and long-term health.



### Developing Innovative Solutions

Northeast Passage has developed a Salesforce documentation system that highlights the outcomes of Recreational Therapy and streamlines how therapists plan, track, and share their sessions—strengthening the field's role in healthcare and special education. NEP presented the system at the ATRA conference in San Antonio, generating national interest and new collaborations focused on consistent documentation, reimbursement support, and outcomes-based research.



## Strengthening UNH's Impact

### Supporting New England's Veterans

Through a wide network of partner organizations, funding sources, and veteran service agencies, Northeast Passage delivers recreational therapy services and adaptive sports programs to individual veterans and veteran groups across New England. This collaborative model expands reach and maximizes impact—supporting veterans facing changes in health, mobility, mental health challenges, and substance use by connecting them with meaningful activity, community, and support.



### Empowering the Next Generation Through Awareness

In FY25, Northeast Passage's Similarity Awareness program engaged over 8,000 individuals—mostly K-12 students—in schools, camps and community programs across the region. Guided discussions and wheelchair sports and games helped students explore the similarities we all share and discover that adaptive sport is challenging, athletic, and fun. The program continues to build understanding and inclusion through meaningful, firsthand experiences.

